

Faculty of Health



## Are you a carer for an older adult?

We are interested in the experiences of carers, whether you care for a family member or friend at home, or you work in community services or a residential aged care facility.

We believe carers fulfil a very important part in society and would like to know more about how you have prepared for your role and what it means to you.

We believe that understanding your experiences will help us to identify meaningful ways in which we can support carers of older adults. Achieving a better understanding of the caring experience may also lead to improved levels of training for formal and informal carers of older adults. It may lead to interventions to help reduce the stress and burden placed on the carers of older adults.

We are asking your help to complete this online survey for an Honours Research Project in Psychology at Southern Cross University.

If you are willing to assist us, please scan the QR code to go to our online survey.

Alternatively, please click on the following link to be taken there:

https://scuau.qualtrics.com/jfe/form/SV 4H2Oeyqdt8yj3nw

This survey will take no longer than 15 minutes to complete. All data will remain confidential. Only de-identified, amassed group data will be reported. This study has been approved by the Human Research Ethics Committee at Southern Cross University, Approval number 2021/078.



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