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Dear Health care provider

The Northern Adelaide Local Health Network (NALHN) Diabetes Centre will no longer be offering appointments for consumers with **Newly Diagnosed type 2 diabetes**. Historically these appointments have been poorly attended and unfortunately divert resources from other areas where they are needed within our diabetes service.

As an alternative we recommend referral of patients with newly diagnosed type 2 diabetes to a **Diabetes SA** online Course.

Diabetes SA offer a range of online courses to help your patient understand and manage their diabetes better. Courses are free and can be done at any time provided consumers have internet access.

Courses include:

1. Type 2 Diabetes and Me.
2. How diabetes can affect your body.
3. Healthy Eating.
4. Food Label Reading.
5. DESMOND.
6. Diabetes and Medications.
7. Hypoglycaemia.
8. Travelling with diabetes.

They also offer educational events and webinars.



You can find the course here

[https://www.diabetessa.com.au/Web/Education\\_and\\_Events/Online\\_Courses/Web/Education\\_and\\_Events/Online\\_Courses.aspx](https://www.diabetessa.com.au/Web/Education_and_Events/Online_Courses/Web/Education_and_Events/Online_Courses.aspx)

There is also many other information sheets and resources on the website.



<https://www.diabetessa.com.au>

We have taken the liberty of sending a copy of this information directly to your patient using the details provided in your referral.

For all future consumers newly diagnosed with Type 2 Diabetes please refer them directly to the **Diabetes SA resources**.

Alternatively, please view Australian Diabetes Educators Association (ADEA) to find a credentialed diabetes educator (CDE) in primary health care.

<https://www.adea.com.au/credentialling/>

Please ensure to register all patients with newly diagnosed diabetes with the NDSS.  
<https://www.ndss.com.au/about-the-ndss/registration/>

We continue to welcome new referrals for consumers presenting with:

- Type 1/autoimmune Diabetes, Pre-existing and newly diagnosed
- Type 2 Diabetes – inadequate or deteriorating control; advancing complications; with commercial licencing requirements
- Other Diabetes types e.g. Secondary Diabetes; Monogenic Diabetes
- Consumers using diabetes technology including continuous subcutaneous insulin infusion pumps (CSII), Continuous glucose and Flash glucose monitoring

Please refer to [NALHN Outpatient service information, triaging and referral guidelines](https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/hospitals/outpatient+services/outpatient+clinics/northern+adelaide+lh+specialist+and+outpatient+clinics)  
<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/hospitals/outpatient+services/outpatient+clinics/northern+adelaide+lh+specialist+and+outpatient+clinics> for more information.

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